

Professional Physical Therapy
26471 Crown Valley Parkway, Suite 200
Mission Viejo, California 92691

PATIENT REGISTRATION

Date _____

Physician _____ Diagnosis _____

Last Name _____ First Name _____

Middle _____ Nickname _____

Address _____

City _____ State _____ Zip _____

Social Security Number _____

Home Phone _____ Cell Phone _____

PLEASE GIVE US YOUR E-MAIL IF YOU WOULD LIKE TO RECEIVE APPOINTMENT REMINDERS

Email _____

Age _____ Date of Birth _____ Sex _____ Date of Onset _____

IS THIS A WORK RELATED INJURY? YES NO

IS THIS A RESULT OF A MOTOR VEHICLE ACCIDENT? YES NO

ARE YOU CURRENTLY HAVING HOME HEALTH? YES NO

1. Treatment Authorization & Release of Information: I authorize treatment by Professional Physical Therapy. I authorize payment of medical benefits directly to Professional Physical Therapy for services rendered to me. I understand that I am solely responsible for all charges (unless this treatment is for an accepted workers compensation claim). I will make sure that my portions of all claims are paid promptly and all co-pays are paid at the time of service. I also authorize Professional Physical Therapy to furnish information to my insurance carriers and referring physicians concerning this treatment.

Patient or Guardian Signature _____ Date _____

2. Cancellation Policy & No Shows: I understand any cancellations that are not made 24 hours prior to my scheduled appointment time or no shows are subject to a \$75 fee. This fee will be billed to my account.

Patient or Guardian Signature _____ Date _____

Professional Physical Therapy

26471 Crown Valley Parkway, Suite 200 Mission Viejo, CA 92691-6302

MEDICAL HISTORY

Name: _____

Date: _____

Primary Care Doctor: _____

Phone: _____

Medical History- Please circle all that apply to you

Heart Diabetes Metal Implants Osteoporosis Smoking Pacemaker Kidney Bladder Control
Lung Currently Pregnant Seizures Gastro-Intestinal Cancer High Blood Pressure Anemia
Leg/Ankle Swelling

Other: _____

Height _____ Weight _____ Have you had a fall in the last year? Yes No (Circle one)

MEDICATIONS: Please list all medications with dosage/frequency that you are currently taking

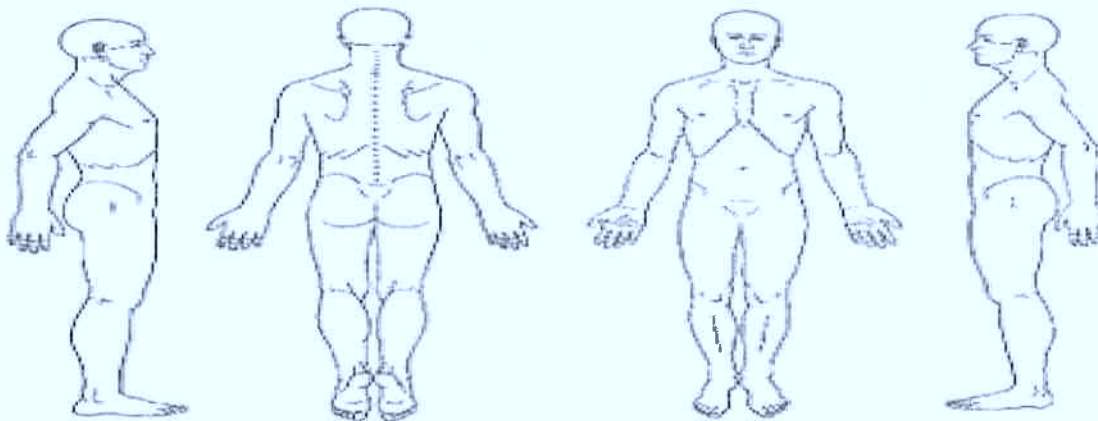
Allergies: (Please list any know allergies) _____

Using the diagram below, please circle your pain level: 0-No pain 10-Severe pain

(0 1 2 3 4 5 6 7 8 9 10)

Please write the letter by the body part that pertains to your symptoms:

S- sharp/stabbing, D-dull/aching, ST-stiffness, T- tingling/pins or needles, N-numbness/no sensation



EMERGENCY NOTIFIATION:

NAME _____ RELATIONSHIP _____ PHONE# _____

NAME _____ RELATIONSHIP _____ PHONE# _____

To the best of my knowledge, all the information that I have provided is true and correct.

Signature: _____

Professional Physical Therapy

NOTICE OF PRIVACY PRACTICES

This notice describes how information about you as a patient of this practice, Professional Physical Therapy, may be used and disclosed, and how to access your health information. This is required by the Privacy Regulations created as a result of the Health Insurance Portability and Accountability Act of 1995 (HIPPA).

Our practice is dedicated to maintaining the privacy of your health information, but we must provide you with the following important information.

The following circumstances may require us to use or disclose your health information:

1. **To provide treatment:** We will use your health information within our office to provide the best health care possible. This may include administrative and clinical office procedures to schedule and coordinate care between physician, nurse, and business office staff. Professional Physical Therapy will report to your prescribing physician and health insurance company.
2. **To obtain payment:** We may include your health information with invoice used to collect payment for treatment you received in our office. We may do this with insurance forms in the mail or sent electronically.
3. **To conduct health care operation:** Your health information may be used during performance evaluations of our staff, during audits by insurance companies, or government agencies as part of their quality assurance and compliance reviews. Your health information may be reviewed during the process or certification, licensing, or credentialing activities.
4. **Required by law:** We may disclose your health information to public health oversight agencies that are authorized by law to collect information, when required to do so by a law enforcement official, lawsuits, and similar proceeding in response to a court or administrative order, when necessary to reduce or prevent a serious threat to the safety of your, another individual, or public, or Worker's Compensation and similar programs.
5. **Communications:** We believe follow up is important to your health, we may remind you of scheduled appointment or contact us to schedule an appointment. These communications may include telephone, text, or email reminders. We may share your health information with those you authorize are helping you with home treatment, medications, or payment. Please list any persons you would like to have access to your billing, appointment, or health information, such as your spouse, caretaker, or other family member.

Name

Relationship

Name

Relationship

Our patient records are kept secure. A written release signed and dated by the patient/guardian must be obtained prior to the release of medical record information.

You are entitled to this notice of Privacy Policies.

I, _____, have had full opportunity to read and consider the contents of this consent form and your Notice of Privacy Practices. I understand that, by signing this Consent form, I am giving my consent to your use and disclose protected health information to carry out treatment, payment activities, and health care operations as described in the Privacy Notice.

Signature: _____

Date: _____

(Parent/guardian if patient is a minor)

INSTRUCTIONS

This questionnaire asks about your symptoms as well as your ability to perform certain activities. Please answer every question, based on your condition in the last week, by circling the appropriate number. If you did not have the opportunity to perform an activity in the past week, please make your best estimate of which response would be the most accurate. It doesn't matter which hand or arm you use to perform the activity; please answer based on your ability regardless of how you perform the task.

1. Please rate your pain level with activity: NO PAIN = 0 1 2 3 4 5 6 7 8 9 10 = VERY SEVERE PAIN

| | NO DIFFICULTY | MILD DIFFICULTY | MODERATE DIFFICULTY | SEVERE DIFFICULTY | UNABLE |
|---|--------------------|------------------|---------------------|-------------------|---------------------------------------|
| 1. Open a tight or new jar | 1 | 2 | 3 | 4 | 5 |
| 2. Do heavy household chores (e.g., wash walls, floors). | 1 | 2 | 3 | 4 | 5 |
| 3. Carry a shopping bag or briefcase. | 1 | 2 | 3 | 4 | 5 |
| 4. Wash your back | 1 | 2 | 3 | 4 | 5 |
| 5. Use a knife to cut food. | 1 | 2 | 3 | 4 | 5 |
| 6. Recreational activities in which you take some force or impact through your arm, shoulder or hand (e.g., golf, hammering, tennis, etc.). | 1 | 2 | 3 | 4 | 5 |
| | NOT AT ALL | SLIGHTLY | MODERATELY | QUITE A BIT | EXTREMELY |
| 7. During the past week, to what extent has your arm, shoulder or hand problem interfered with your normal social activities with family, friends, neighbors or groups? | 1 | 2 | 3 | 4 | 5 |
| | NOT LIMITED AT ALL | SLIGHTLY LIMITED | MODERATELY LIMITED | VERY LIMITED | UNABLE |
| 8. During the past week, were you limited in your work or other regular daily activities as a result of your arm, shoulder or hand problem? | 1 | 2 | 3 | 4 | 5 |
| Please rate the severity of the following symptoms in the last week. (circle number) | NONE | MILD | MODERATE | SEVERE | EXTREME |
| 9. Arm, shoulder or hand pain. | 1 | 2 | 3 | 4 | 5 |
| 10. Tingling (pins and needles) in your arm, shoulder or hand. | 1 | 2 | 3 | 4 | 5 |
| | NONE | MILD | MODERATE | SEVERE DIFFICULTY | SO MUCH DIFFICULTY THAT I CAN'T SLEEP |
| 11. During the past week, how much difficulty have you had sleeping because of the pain in your arm, shoulder or hand? (circle number) | 1 | 2 | 3 | 4 | 5 |

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| Therapist Use Only | | |
|--------------------|---|--|
| Comorbidities: | <input type="checkbox"/> Cancer <input type="checkbox"/> Diabetes <input type="checkbox"/> Heart Condition <input type="checkbox"/> High Blood Pressure <input type="checkbox"/> Multiple Treatment Areas | <input type="checkbox"/> Neurological Disorders (e.g., Parkinson's, Muscular Dystrophy, Huntington's, CVA, Alzheimer's, TBI) <input type="checkbox"/> Obesity <input type="checkbox"/> Surgery for this Problem <input type="checkbox"/> Systemic Disorders (e.g., Lupus, Rheumatoid Arthritis, Fibromyalgia) |
| | | ICD9 Code: |